

When Our Prayers are Mere Sighs

Psalm 5.1-12

- *Praying with conviction*
- and expectancy v3
- *Praying with less certainty vs1-2*
- and sighing
deep soul-searching Ps 39.3
groans Rom 8.26
Mk 7.34; 8.12

God considers our innermost feelings as well as our words
Psalm 38.6-9

1. Why David was sighing, vs 4-6,9-10

the opposition he faced vs 4-6

lies, deceit, false accusations vs 9-10

we mustn't retaliate 1 Pet 2.23

the damage had been done

he could only sigh in God's presence

2. How David was changed, v7-8,11-12

He sought God's presence v7

I will come into your house

He recognised ...

➤ **his need for God's mercy v7**

no right of access Ps 130.3-8

humility required 1 Pet 5.5-6

➤ **his need to revere God v7**

no presumption, over-familiarity

➤ **his need for God's guidance v8**

what's your way? lead me

➤ **God's protective grace vs 11-12**

surrounding us like a shield v12

double-wrapped John 10.27-29

a shelter to sing in vs11-12

a Saviour to love and enjoy v11

sighing will flee away

Isaiah 35.10; 51.11